

# PLAY WITH PURPOSE

## Basketball Coach Training

### Level 2 (1<sup>st</sup>-2<sup>nd</sup> Grade) Modifications

Rule	Explanation/Comments
Goal Height	8 feet
Ball Size	25"
Game Location	Taylor Hall
Games consist of six, 6-minute segments and an 8 minute halftime. <b>One minute</b> is allotted for substitutions between segments	This keeps the games to approximately an hour time frame.
Score is NOT kept	Young athletes at this age should not focus on the score but rather the developmental skills being taught.
3-second violation is NOT called (re-evaluate at mid-season)	Young athletes at this age should focus on offensive basics (dribbling, passing, shooting)
Coaches are allowed to walk <b>the sideline</b> near their bench to encourage and instruct players	The focus is for coaches to instruct and encourage players at all times.

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## Basketball Coach Training

### Level 2 (1<sup>st</sup>-2<sup>nd</sup> Grade) Modifications - Continued

Rule	Explanation/Comments
Free throws are not awarded on shooting fouls (re-evaluate at mid-season)	A player who gets fouled while shooting gets to retry his/her shot from the spot of the foul without being defended. Ball is live after shot is attempted. This allows a player to attempt a shot that he was trying to take prior to the foul from the same spot.
Stealing the ball off the dribble *	Players at this age should be taught and held to these basic basketball rules.
Double dribble violations are called	
Traveling violations are called	
Fast breaks are NOT allowed in any transition situation **	This promotes a controlled game. Players at this age learn better when the pace is controlled.

\* Defensive reaching in will be called

\*\* Referee may hold ball at end line to slow game down and ensure defense is in position prior to allowing inbound pass. Referee discretion applies in making call.